

What is claimed is:

1. A composition comprising methyl nicotinate and L-arginine in a pharmaceutically-acceptable topical vehicle.
2. The topical composition of Claim 1, further comprising an ingredient selected from the group consisting of yohimbe, muira puama extract, catuaba extract, maca extract, saw palmetto and mixtures thereof.
3. The topical composition of Claim 2, wherein said composition comprises methyl nicotinate, yohimbe, L-arginine, muira puama extract, catuaba extract, maca extract, saw palmetto, nettles and zinc.
4. The topical composition of Claim 2, wherein said composition comprises methyl nicotinate, L-arginine, muira puama extract, catuaba extract, maca extract, nettles and zinc.
5. A composition for topical administration to a mammal comprising,
  - a. between about 0.1% and about 5% methyl nicotinate,
  - b. between about 5 drops and about 50 drops of yohimbe extract,
  - c. between about 0.3% and about 1.5% L-arginine;
  - d. between about 1 drop and about 30 drops of muira puama extract per four ounces of composition,
  - e. between about 1 drop and about 30 drops of catuaba extract per four ounces of composition,
  - f. between about 1 drop and about 30 drops of maca extract per four ounces of composition, and

- g. between about 1 drop and about 30 drops of saw palmetto extract per four ounces of composition in a pharmaceutically-acceptable topical vehicle.
- 6. The composition of Claim 5, wherein the pharmaceutically-acceptable topical vehicle is a lotion comprising aloe and vitamin E.
- 7. A condom having an internal surface coating comprising a topical composition of Claim 5.
- 8. A composition for topical administration to a mammal comprising, per ounce,
  - a. about 1% methyl nicotinate,
  - b. about 25 drops of yohimbe extract,
  - c. about 8mg/cm<sup>3</sup> of L-arginine,
  - d. about 12 drops of muira puama extract,
  - e. about 12 drops of catuaba extract,
  - f. about 12 drops of maca extract, and
  - g. about 12 drops of saw palmetto extractin a pharmaceutically-acceptable water-based topical vehicle comprising aloe and vitamin E.
- 9. A composition for topical administration to a mammal comprising,
  - a. between about 0.1% and about 5% methyl nicotinate,
  - b. between about 0.3% and about 1.5% L-arginine;
  - c. between about 1 drop and about 30 drops of muira puama extract,
  - d. between about 1 drop and about 30 drops of catuaba extract, and

e. between about 1 drop and about 30 drops of maca extract,  
in a pharmaceutically-acceptable topical vehicle.

10. The composition of Claim 11, wherein the pharmaceutically-acceptable topical vehicle is a lotion comprising aloe and vitamin E.

11. A composition for topical administration to a mammal comprising, per ounce,

- a. about 1% methyl nicotinate,
- b. about 8mg/cm<sup>3</sup> of L-arginine,
- c. about 12 drops of muira puama extract,
- d. about 12 drops of catuaba extract, and
- e. about 12 drops of maca extract,

in a pharmaceutically-acceptable water-based topical vehicle comprising aloe and vitamin E.

12. A method of enhancing sexual response in a mammal comprising topically applying a composition comprising at least one ingredient selected from the group consisting of methyl nicotinate, yohimbe, L-arginine, muira puama extract, catuaba extract, maca extract, saw palmetto, nettles, zinc and mixtures thereof to the genitalia of a mammal in need of such treatment.